



# HEALTH & SAFETY

## General

While Asbury Hills is open to the public for hiking during most of the year, we close to the public for the duration of our summer programs. All visitors to property must call the office to schedule a visit and are accompanied by a staff member at all times.

We do camp in what is referred to as “small group style” here at Asbury Hills. This means our campers are always in a small group supervised by a staff member. Our camper to staff ratio is 1 staff for every 7 campers. There are always two staff members in cabins with campers as well as two staff with campers at their daily activities. This way our campers can enjoy our 2,000 acres of camp all while being supervised by our trained summer staff.

## Medications

For the safety of each camper, the camp must have current medical information on file before the start of camp. The form is available online with your camper’s registration. If health information changes after the completion of this form, please call 864.836.3711 to make changes two weeks prior to your camper’s arrival. The Health Care Coordinator and Camp Nurse will review all forms and will be available to see campers and parents at check-in. We will also have last minute verbal health screening questions as a part of our check-in process should there be any changes in the two weeks leading up to your campers session.

Please make sure all prescription medications are labeled and in their original containers. **If medications are not in original containers and following doctor’s orders, the medications cannot be given. Medications, including Epi-Pens, that are expired will not be accepted by our Camp Nurse and will return home with the parents.**

Over the counter medications will be available for campers through our Camp Nurse.

Asbury Hills provides limited accident coverage for each camper from arrival to departure. Camper insurance does not cover camp illness while at camp. Parents are notified if the camper requires medical care off-site.

## Allergies & Diet Restrictions

If your camper has any allergies or dietary restrictions, please make sure to list those on the camper medication forms.

## Staff Certifications

We could not provide our summer camp experience without our incredible summer staff each year. All of our summer staff undergo an application process that consists of two interviews with the Summer Camp Director, three reference checks as well as a background check through an outsourced company. All Summer Staff are also required to have at minimum a certification in basic First Aid and CPR through a nationally recognized organization.

All of our staff go through a two week training before campers arrive and our recreation staff have an additional week of training in our ropes course and aquatic elements. All of our lifeguards are certified through the American Red Cross.

Each week of camp we have a Registered Nurse on-site to administer medications and oversee our campers and staff.

