



# Asbury Hills

## EXPRESS/FAMILY CAMP PACKING LIST

### WHAT TO PACK:

- **BIBLE**
- **PEN OR PENCIL**
- **PILLOW**
- **SLEEPING BAG**
- **TWIN SHEETS**
- **3-4 CLOTHING OUTFITS**  
(DON'T FORGET UNDIES & SOCKS!)
- **A PAIR OF LONG PANTS**
- **JACKET/SWEATSHIRT**
- **PJS**
- **HAT**
- **2 PAIRS OF CLOSED TOED SHOES**  
(TENNIS SHOES & WATER SHOES -- WE RECOMMEND OLDER TENNIS SHOES OR KEENS/NATIVES) CROCS ARE NOT ALLOWED
- **SWIM SUIT** (ONE PIECE, TANKINI OR SWIM TRUNKS)
- **RAIN GEAR**
- **2 TOWELS** (BATH & POOL)
- **SOAP, SHAMPOO, CONDITIONER & OTHER TOILETRES**
- **1 QUART WATER BOTTLE**  
(EXAMPLE: NALGENE)
- **FLASHLIGHT W/ EXTRA BATTERIES**
- **BUG SPRAY** (NON-AEROSOL, NON-DEET)
- **SUNSCREEN** (AT LEAST 30SPF & WATERPROOF)
- **PLASTIC BAG** (FOR WET ITEMS)
- **BAG OR HAMPER FOR DIRTY CLOTHES**
- **ALL PRESCRIPTION MEDICATIONS** (IN THE ORIGINAL CONTAINER W/ DOSING INFORMATION)
- **BACKPACK FOR DAILY USE**

### WHAT TO PACK IN:

WHEN PACKING, USE YOUR BEST JUDGMENT ON THE USEFULNESS OF THE ITEMS WHILE TRYING TO PACK LIGHTLY. PACK LIKE YOU WOULD TO TRAVEL IN AN AIRPLANE-- A SUITCASE OR DUFFLE BAG, A CARRYON (BACKPACK!) & A PILLOW. SMALL "TRUNKS" ARE ALSO GREAT PACKING TOOLS. PACKING USING A DUFFLE BAG, SUITCASE, OR TRUNK WILL HELP TREMENDOUSLY WITH STORING YOUR BELONGINGS & WHEN IT IS TIME TO HEAD HOME.

### WHAT NOT TO PACK:

PETS, SNACKS, CROC SHOES, CHACO SHOES OR SANDALS THAT ARE OPEN-TOED, FIREARMS OR OTHER WEAPONS, FIREWORKS, KNIVES, ALCOHOL, NON-PRESCRIPTION OR ILLICIT DRUGS, TOBACCO OF ANY TYPE, ANY SORT OF ELECTRONICS (WALKIE-TALKIES, RADIOS, IPADS, IPODS, MUSIC PLAYERS, CELL PHONES, TABLETS, PERSONAL SPORTS EQUIPMENT, OR VIDEO GAMES).

\*ASBURY HILLS IS NOT RESPONSIBLE FOR LOSS OR DAMAGE OF PERSONAL PROPERTY.