



Asbury Hills

SEASIDE PACKING LIST

WHAT TO PACK:

- BIBLE
- PEN OR PENCIL
- PILLOW
- BLANKET/COMFORTER OR OTHER TOP LAYER FOR BUNK
- TWIN SHEETS
- 5-7 CLOTHING OUTFITS
(DON'T FORGET UNDIES & SOCKS!)
- A PAIR OF LONG PANTS
- JACKET/SWEATSHIRT
- PJS
- HAT
- 2 PAIRS OF SHOES
(FLIP FLOPS, CROCS & CHACOS ARE ALLOWED!)

- SWIM SUIT (ONE PIECE, TANKINI OR SWIM TRUNKS)
- RAIN GEAR
- SUNGLASSES
- 2 TOWELS (BATH & BEACH)
- SOAP, SHAMPOO, CONDITIONER
- 1 QUART WATER BOTTLE
(EXAMPLE: NALGENE)
- FLASHLIGHT W/ EXTRA BATTERIES
- BUG SPRAY (NON-AEROSOL, NON-DEET)
- PLASTIC BAG (FOR WET ITEMS)
- BAG OR HAMPER FOR DIRTY CLOTHES
- ALL PRESCRIPTION MEDICATIONS (IN THE ORIGINAL CONTAINER W/ DOSING INFORMATION)
- BACKPACK FOR DAILY USE
- SUNSCREEN
(AT LEAST 30SPF & WATERPROOF)

WHAT TO PACK IN:

WHEN PACKING, USE YOUR BEST JUDGMENT ON THE USEFULNESS OF THE ITEMS WHILE TRYING TO PACK LIGHTLY. PACK LIKE YOU WOULD TO TRAVEL IN AN AIRPLANE-- A SUITCASE OR DUFFLE BAG, A CARRYON (BACKPACK!) & A PILLOW. SMALL "TRUNKS" ARE ALSO GREAT PACKING TOOLS. PACKING USING A DUFFLE BAG, SUITCASE, OR TRUNK WILL HELP TREMENDOUSLY WITH STORING YOUR BELONGINGS & WHEN IT IS TIME TO HEAD HOME.

WHAT NOT TO PACK:

PETS, SNACKS, FIREARMS OR OTHER WEAPONS, FIREWORKS, KNIVES, ALCOHOL, NON-PRESCRIPTION OR ILLICIT DRUGS, TOBACCO OF ANY TYPE, ANY SORT OF ELECTRONICS (WALKIE-TALKIES, RADIOS, IPADS, IPODS, MUSIC PLAYERS, CELL PHONES, TABLETS, PERSONAL SPORTS EQUIPMENT, OR VIDEO GAMES).

ASBURY HILLS AND SEA ISLANDS CAMP & RETREAT CENTERS ARE NOT RESPONSIBLE FOR LOSS OR DAMAGE OF PERSONAL PROPERTY.